

## PATIENT INFORMATION SHEET - BLOOD TEST CENTRES

Please ensure that you are FASTING if you have been advised to by your doctor i.e. water only after 10.00 pm.

The following tests normally require you to fast (unless you are a diabetic): Lipids, Glucose, Glucose Tolerance Test.

All clinics are walk-in unless otherwise stated.

Location	Days	Time
Basildon Hospital Pathology Department <sup>+</sup>	Monday to Thursday	8.00am – 6.45pm
	Friday	8.00am – 4.45pm
	Saturday	<b>8.00am - 10.45 am by appointment only *</b>
Aveley Medical Centre	Monday, Wednesday, Friday	9.30am - 11.00am
Chadwell Medical Centre	Monday	9.00am - 10.00am
Corringham Health Centre	Wednesday	11.00am - 12 noon
East Tilbury Health Centre	Thursday	10.00am - 11.00am
Grays Health Centre	Thursday	1.00pm - 2.30pm
Laindon Health Centre	Monday to Friday	10.30am - 12.30pm
Orsett Hospital <sup>+</sup>	Monday to Friday	8.00am - 3.45pm
Peartree Surgery	Friday	9.30am - 11.00am
Purfleet Clinic	Wednesday	11.00am - 12.00 noon
St Andrews Centre, Billericay	Monday to Friday	<b>9.00am - 11.00am by appointment only *</b> 11.00am - 1.00pm
Sth. Ockendon Health Centre	Tuesday	9.00am - 11.00am
South View Park Rd, Vange	Friday	11.00am - 12.00 noon
Stanford Clinic	Friday	9.00am - 10.00am
Stifford Clays Health Centre	Tuesday, Wednesday, Thursday	9.00am - 9.30am
Thurrock Hospital, John Tallack Centre, Dentist's Room	Monday to Friday	9.00am - 12.00 noon
Tilbury Health Centre	Monday	9.00am - 10.00am
	Thursday	10.00am - 11.00am
Wickford Health Centre	Monday	<b>1.30pm - 3.15pm by appointment only *</b>
	Tuesday & Thursday	<b>10.00am - 11.45am by appointment only *</b>

**\* For appointments please call 01268 242159 (lines open 7.00am to 3.00pm)**

**+ For non-urgent & non-fasting blood tests please attend after 10am (Monday–Friday).**

**PHLEBOTOMY DEPARTMENT**

20/01/2014

*Document is controlled through Pathology Q-Pulse System and must not be altered in any way*