

**Patient Information**

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PILCOM1121

This information can be provided in a different language or format (e.g. large print, Braille or audio version) on request.

This is a smokefree Trust. Smoking is not allowed in any of our hospital buildings or grounds.

The Trust will not tolerate aggression, intimidation or violence.

**Collection and transport of semen for post vasectomy semen analysis**

**From April 1st 2017 to have your sample tested an appointment MUST be booked with the laboratory on 01268 524900 ext 8212.**

You will also need the pretested, red-lidded specimen pot for your sample. The sample must be produced at home, it is an offence to masturbate in public toilets.

You have been asked to provide a semen sample so that your doctor can check whether your vasectomy operation has been successful.

To ensure that an accurate result is measured, please follow the instructions below.

- You should NOT ejaculate either through intercourse or by masturbation for at least two days before producing the specimen.
- The first sample must be collected 12 weeks after the operation and after a minimum of 20 ejaculations. A second sample will be required 16 weeks after the operation.
- You will need a pretested red lidded specimen pot for your sample.
- The specimen should be obtained by masturbation and collected directly into the container provided which must be clearly labelled with the patient's name and date of birth and signed by the requesting clinician.
- The sample must be produced at home, it is an offence to masturbate in public toilets.
- A condom should NOT be used for collection of the specimen.
- When collecting the sample, it is important that all of the semen is collected. Sperm are found in the first part of the sample, so it is important that all of the sample is collected.

Specimens should reach the Cellular Pathology Department at Basildon University Hospital **within three hours of collection.**

The Cellular Pathology Department is open between 8.30am and 3.30pm, Monday to Friday. Full directions and a map are printed overleaf.

Please complete the form overleaf and include it with the specimen and a request form signed by the doctor.

For more information please call 01268 524900 ext 8212. Laboratory staff are not permitted to give you results or discuss the meaning of results with you.

**PLEASE REMEMBER TO INCLUDE THE INFORMATION OVERLEAF AND THE SPECIMEN REQUEST FORM WITH EACH SAMPLE.**

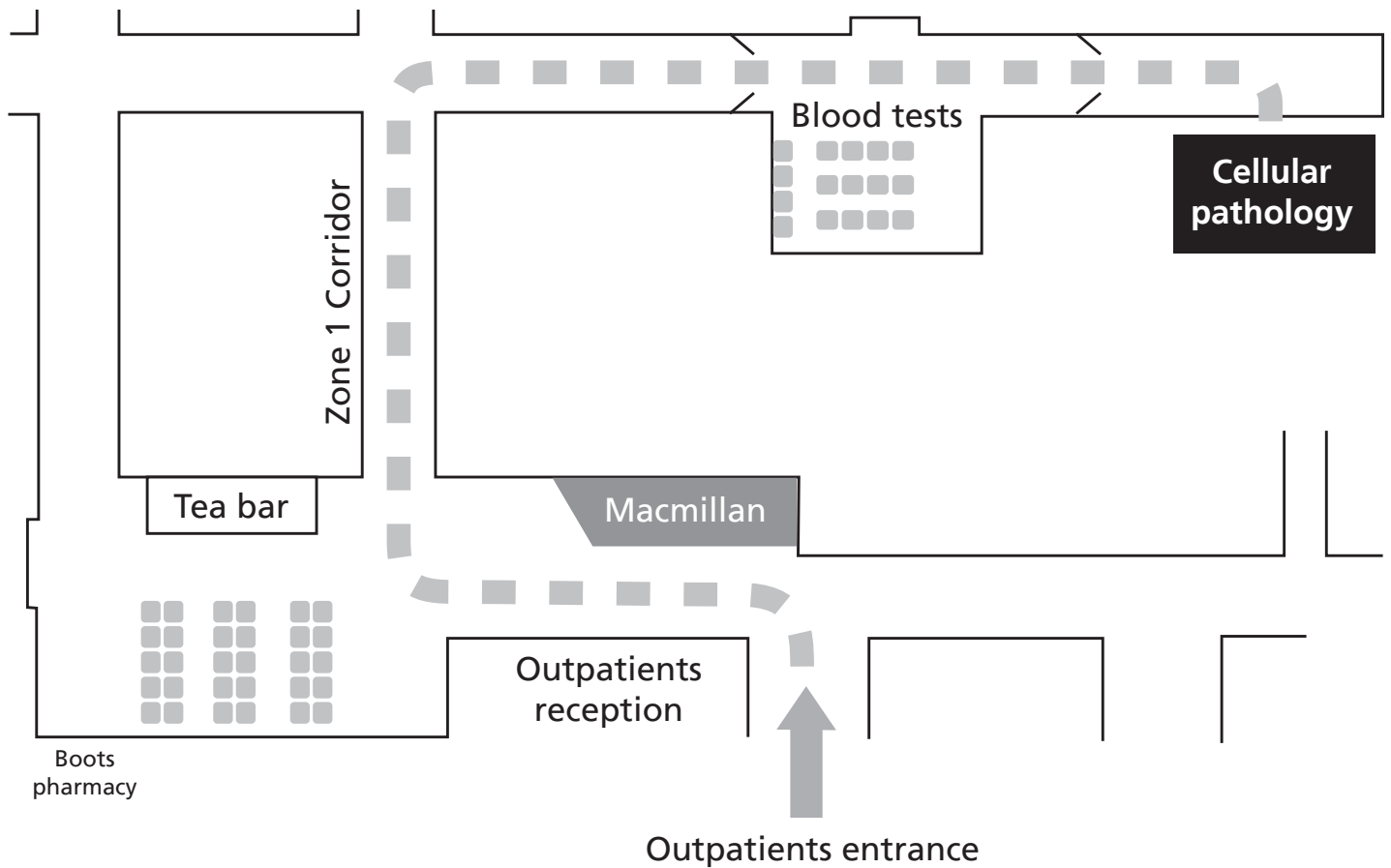
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Nethermayne  
Basildon  
Essex SS16 5NL  
☎ 01268 524900

Minicom  
☎ 01268 593190

Patient Advice and  
Liaison Service (PALS)  
☎ 01268 394440  
E pals@btuh.nhs.uk

W www.basildonandthurrock.nhs.uk  
safe caring excellent ...together

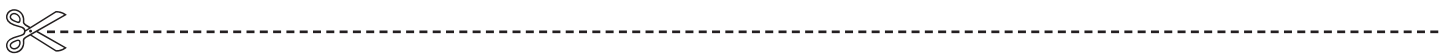
# How to find the cellular pathology department



- Enter the hospital via the **Outpatients** entrance
- Turn left past outpatients reception and then right, into the Zone One corridor
- Turn right again at corridor junction, following signs for blood tests
- Go through the blood tests area, past some seating for patients waiting
- Go through the second set of double doors, the red specimen collection box is on the wall, on the right.
- Place your bagged specimen, form and signed tear off slip (below) inside the box.

**There is no need to wait.** Your results will be sent to the requesting doctor within 3 working days.

**Please complete and detach this form**



Full name \_\_\_\_\_

Date of birth \_\_\_/\_\_\_/\_\_\_ Date of vasectomy \_\_\_/\_\_\_/\_\_\_

GP/consultant \_\_\_\_\_

**Date and time of collection** Date \_\_\_/\_\_\_/\_\_\_ Time \_\_\_\_\_ am/pm

Is the specimen complete? Yes / No (circle as appropriate) Number of days abstinence:

I have read and followed the above instructions.

Signature \_\_\_\_\_